

Documentation for the Jason Flatt Law SY 2018-2019
(Please make a copy of this document before adding your info.)

School Name: _____ Counselor: _____

Grades 6-8: (1) lesson on harassment and bullying and (1) lesson on suicide prevention per grade level. Please list by grade, lesson name, and date taught.

6th Harassment/Bullying
6th Suicide Prevention

7th Harassment/Bullying- Held during advisory meeting week of Oct. 8-12
7th Suicide Prevention

8th Harassment/Bullying
8th Suicide Prevention

**Any additional info: Week of Sept. 10-14 Handbook and Harassment Policy covered in advisory with grades 6-8.*

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School Name: Hanceville High Counselor: Shawna Koch

Grades 9-12: Lesson and video, *Suicide: A Guide to Prevention* with each grade level.

9th Suicide Prevention March 7 - Mrs. Weaver's Classes

10th Suicide Prevention March 7 - Mrs. Weaver's Classes / March 8th - S. Chandler's

11th Suicide Prevention March 4 - Coach Ryan's classes

12th Suicide Prevention March 4 Coach Ryan's classes

ALL Classes- Video, Discussion, Handout

**Any additional info: Week of Sept. 10-14 Handbook and Harassment Policy covered in advisory with grades 9-12*

Suicide Prevention Cheat Sheet

Risk Factors- IS PATH WARM?

Ideation (Thoughts)
Substance Abuse
Purposelessness
Anxiety
Trapped
Hopelessness
Withdrawal
Anger
Recklessness
Mood Changes

Increased Suicide Risk

Prior suicide attempts
Mental health disorders
History of trauma or abuse
Family history of suicide
Lack of social support
Exceptionality
Major physical illnesses
Loss/Failure
Bullying
Easy access to lethal means
Local clusters of suicide

Warning Signs

Acquiring a gun or stockpiling pills
Sudden change in mood
Talking about wanting to die or kill oneself
Impulsivity/increased risk taking
Giving away prized possessions
Self-destructive acts (i.e., cutting)
Increased drug or alcohol abuse
Talking about no reason to live

What to Do

Take It Seriously

80% of suicide victims told someone or gave some sign.

Ask Directly

- "Are you thinking about harming yourself?"
- "Do you have a plan?"
- "Do you have access to _____?"
- "Have you thought about when?"

Listen

- Don't show shock or disapproval.
- DO show that you are concerned.
- Avoid trying to explain away feelings ("You'll get through this. You have so many people who love you. Etc.")
- **Don't promise not to tell.**

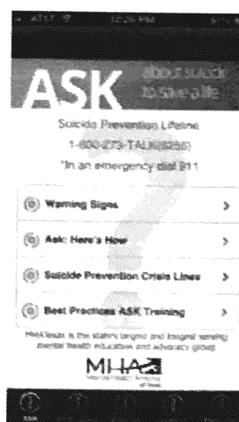
At School

- **Bring** student immediately to counselor
- For situations requiring CPS report— You are also responsible for this step.

Outside of School

- Use one of the hotlines listed below.
- For life-threatening situations, call 911.
- **STAY WITH PERSON UNTIL HELP COMES**

****Keep the ASK app on your phone!****



www.thetrevorproject.org

LGBTQ – The Trevor Lifeline
866-488-7386

